



Certifying Instructor Trainers Course

We are currently accepting applications for the 2009 Certifying Instructor Trainers Program. Graduates of this program will be eligible to conduct teacher trainings at The Kane School at Kinected with the potential for teaching Kane School trainings offsite. This is a great opportunity to advance in your profession and become part of the Kane School Certification Course teaching staff. Upcoming course dates will be announced shortly; the program curriculum includes:

Phase I: Comprehensive Mat and Apparatus Choreography

Pre-requisites: Pilates Equipment Certification and 2 years teaching experience.

The focus of this course will be a more three dimensional understanding of The Kane School Core Principles and the classic repertory on the mat and the apparatus. Instructor trainers will be taught how to manage and conduct group certification classes in the Kane School Mat and apparatus component of the certification course.

Phase II: Touch, Biomechanics, Special Populations and Advanced Teaching Techniques

Prerequisites: Completion of Phase I Certifying Instructor Course.

In the second part of the Certifying Instructor Trainer course, students will learn how to execute the second phase of The Kane School apparatus training. A comprehensive understanding of Touch, Biomechanics, Special Populations and Advanced Teaching Techniques will be cultivated through discussion and presentations on the most current clinical understandings of how to cultivate strength, flexibility and joint health for our clients. Students will learn how to facilitate that same expertise and understanding for students in The Kane School Certification Programs.

The Application Process

Call us at 212.463.8308 to begin your application process. Please submit the registration form from the application packet (found at the end of this document, or we can mail you a copy), a letter of intent, your resume, scans or photocopies of your certifications and documentation of continuing

education hours for 2007 and 2008 to 151 W19th St, 2nd fl • NYC, NY 10011, faxed to 212.463.8309 or dropped by the studio. Upon receipt, you will be contacted to schedule your interview. Thanks!

Prerequisites for the course:

- Kane School/Kinected Core Muscle Anatomy workshop – OR – a passing grade on the Kane School Anatomy Entrance Exam. Please contact the front desk to schedule your exam PRIOR to submitting your application if necessary.
- Pilates Equipment Certified at the Kane School – OR – Equipment certified elsewhere at the Advanced (or equivalent) level in ALL studio equipment (Reformer, Cadillac, Wunda Chair and Barrels).
- 90% or higher on all exams taken (Anatomy, Pilates mat and equipment certification)
- Two years teaching experience.

**Prerequisite for Phase II of the Certifying Instructor Trainers Course is completion of Phase I of this course.

The application must include:

- Completed and **signed** registration form
- \$50 non-refundable application fee (applied to the tuition cost upon acceptance to the program)
- Letter of intent
- Resume documenting teaching experience
- Photocopies of Pilates mat and equipment certifications
- Documentation of Continuing Education taken in 2007 and 2008
- Two references
 - At least one reference should be from a movement professional.
 - Please include name, phone, email and relationship.



Certifying Instructor Trainers Course Policy Outline

Certifying Instructor Trainers Course Requirements:

- Attendance of all course dates
- Short research and writing assignments
- A score of 90% or more on course exams – Practical and written
- Observation and assisting of future training courses prior to independent instruction.
 - Instructors are required to observe Kelly teach each specific workshop that they intend on instructing themselves.
 - This must be done prior to conducting any workshop or portion thereof.

Tuition (per course, Phase I and Phase II):

- \$1280
 - \$50 application fee
 - \$250 deposit due upon acceptance and registration for each Phase
 - The balance of \$955 is due on the first day of each course taken

Cancellation Policy:

- If cancellation by the participant is made at least two weeks prior to the first day of the course, the initial deposit is transferable to another Kane School Teacher Training course only. This credit must be used within one year and may only be applied to courses offered by the Kane School. Cancellation with less than two week's notice will result in forfeiture of the initial deposit.
- If cancellation by the Kane School of this course is made at least two weeks prior to the first day of the course, the applicant may opt to apply the initial deposit to future offerings of the same course or apply it to another course offered by the Kane School.

Refund Policy:

- Application fee, deposit and tuition payments are non-refundable.

Certification Policy:

This course is designed to prepare current Pilates instructors who are interested in pursuing the pedagogical aspect of the practice to train students with the Kane School curriculum. Kelly Kane reserves the right to grant or deny Instructor Trainer certification based on application, course performance, professionalism and adherence to the course content.



Certifying Instructor Trainer Course Enrollment Contract

The following is a list of the Kane School's requirements and conditions for participating in the Certifying Instructor Trainers Course. Please include this form with your application materials. Your application will not be processed without this form. For details on programming, tuition/fees and other required materials, please refer to pages 1 and 2 of the registration packet.

Please Initial:

- _____ 1. The student acknowledges that he/she is enrolling in a 20 hour lecture course for each Phase I and Phase II (where applicable). This course will be conducted by the Kane School at Kinected.
- _____ 2. Other certification requirements include a score of 90% or higher on course exams, timely completion of research and short writing assignments, and observing and assisting full workshops prior to independent instruction. The student recognizes that observation of the course(s) they will be instructing is essential to their training as Pilates educators and must be completed before conducting a training without supervision.
- _____ 3. The Kane School requires that all lecture portions of this training are completed on the dates scheduled. Note, this course will likely recur annually at most. Exceptions prearranged on a case-by-case basis only.
- _____ 4. Unauthorized copying or redistribution of any and all materials distributed to the student by the Kane School of Core Integration is prohibited. This includes photocopying, recording, electronic or mechanical transmissions, or any information storage or retrieval system.
- _____ 5. The student acknowledges that he/she is enrolling in this course at his/her own risk. It is solely the student's responsibility for maintaining his/her own physical and mental health in order to complete the course.
- _____ 6. The Kane School and Kinected reserves the right to terminate any student from our programming for misconduct and/or any verbal or physical abuse, property damage or theft.
- _____ 7. The student agrees to release collectively all Kane School and Kinected employees from any and all liability.
- _____ 8. The Kane School requires that an application fee be made when submitting this enrollment contract for registration, and a deposit made contingent upon acceptance to the course. Review of this application and registration for the course is not guaranteed until:
 - This registration form, enrollment contract and application fee are submitted

AND

 - The tuition deposit is made upon acceptance to the course.
- _____ 9. If the balance of the tuition is not paid on the first day of the course, the student will not be able to attend the course that he/she is enrolled in until payment is made. All late payments incur a \$35 late fee.
- _____ 10. If cancellation is made at least two weeks prior to the first day of the course, the initial deposit is transferable to another course offered by the Kane School only. The credit must be used within one year. Cancellation with less than one week's notice will result in forfeiture of the initial deposit. Tuition payments are non-refundable.
- _____ 11. All Kinected front desk and studio policies apply to students of the Kane School. Participants enrolled in these courses are also subject to the current Teacher Training Student Policy. Copies of this are available at the front desk.
- _____ 12. Prices and policy are subject to change without notice.



Certifying Instructor Trainer Course Registration Form

Name: _____

Address: _____

City/State/Zip: _____

Phone: _____ **Email:** _____

I would love to receive Kane School email blasts!

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Please indicate your course:

Phase I: March 9-13th, 2009 – 11-3pm

Full Program: Phase I: March 9-13th, 2009 and Phase II: March 20-24th, 2009

Would you be interested in conducting Kane School teacher trainings offsite in addition to trainings in NYC? Yes No

Training History:

Dates of Core Muscle Anatomy Workshop was taken: _____

If you have not taken Core Muscle Anatomy, have you taken the Anatomy Entrance Exam?

Yes No

Dates of Kane School Mat Phase I/II or Comprehensive Mat: _____

If your Pilates mat training was completed elsewhere, please tell us the following:

Location:

Dates of Training:

Instructor(s):

Dates of Kane School Basic Training Phase I/II: _____

If your Pilates equipment training was completed elsewhere, please tell us the following:

Location: _____

Dates of Training: _____

Instructor(s): _____

The highest level of training you have completed in this program: _____

Equipment included in your training: _____

References (2)

Name: _____

Phone: _____ Email: _____

Relationship: _____

Name: _____

Phone: _____ Email: _____

Relationship: _____

I, the undersigned, _____ have read and understood all requirements and policies listed above in the enrollment contract, and agree to abide by all of the Kane School's requirements and policies while enrolled in the Certifying Instructor Trainers Course at the Kane School of Core Integration.

Signature _____ **Date** _____

Kane School Staff Signature _____ **Date** _____

Please return your signed enrollment form, \$50 application fee and your application materials to:

Kane School
151 W 19th St, 2nd Fl • New York, NY 10011
(p) 212.463.8308 (f) 212.463.8338
info@kaneschool.com